

# The **BOLD** Program

**Brain-and-Body-based Occupational Learning and Development**

## **Designed For People in Law Enforcement, the BOLD Program Addresses the Impacts of Stress and Fear**

Policing has gone through many recent challenges and must evolve as political, social, and economic pressures push local police departments to deal with ever-increasing changes. While there are many ways to look at the impending evolution of policing, our group brings a unique and timely approach to support and strengthen police officers at an individual and team level -- that of neurobiology and the effects of trauma on both law enforcement personnel and the communities they serve - and we do it in an engaging and interactive way.



## Meet the Team



Jim Dudley is a public safety professional with more than 40 years of experience in policing and public safety, including 32 years with the San Francisco PD.



Jennifer Dhillon is an attorney who led the community policing arm of a major city police department, and is currently a nonprofit leader working in hard-hit communities to build resilience as an antidote to toxic stress and trauma.



Delvon Survine is a retired Master Sergeant of the US Marine Corps, Service Disabled Veteran, and currently a trainer and professional speaker, serving numerous government agencies.



Hilary Weber is the CEO of Opportu, an organization that provides coaching and training on diversity, equity and inclusion, EQ, conflict resolution, non-violent communication and more.

Our goals are to help law enforcement officers to acquire new skills and behaviors that will allow them to have more respectful interactions with the public and to learn effective community and problem-solving strategies.

We bring decades of experience in policing leadership, oversight and training, community policing, trauma-informed training, de-escalation innovations, professional coaching, and building resilience to toxic stress and trauma.

The BOLD program is part of Opportu's  adapt & grow™ leadership development series.

Interested in bringing BOLD to your department?  
Contact us at [inquiries@opportu.com](mailto:inquiries@opportu.com) or visit [opportu.com/bold/police](https://opportu.com/bold/police) to learn more.

